

## Black Girls Smile x EnVi Bookmark

Follow these easy **printing instructions** and you'll be ready to use your bookmark:

- 1.) Use your web browser's "Print" command under the "File" menu to print the page.
- 2.) Print this book mark on both sides to read the full comic.



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TRY THESE FOR REAL-TIME INTERACTIVE MEETINGS WITH FRIENDS:



**GOOGLE MEET** - LINK TO JOIN MEETINGS, SHARE SCREEN AND TALK AS MUCH AS YOU'D LIKE!



**WHATSAPP** - VIDEO CALLS AND TEXTING WITH THE ADDED BONUS OF WIFI CONNECTION EVEN WHEN YOUR PHONE SERVICE IS OFF!



**BLAZE** - THIS APP IS SPECIALLY GREAT FOR ORGANIZING AROUND SHARED INTERESTS AND PLANNING PROJECTS TOGETHER.



**DISCORD** - YOU CAN CALL, GO LIVE, PLAY MUSIC IN YOUR BACKGROUND, AND WATCH AND PLAY GAMES TOGETHER WITH AN ADDED LEVEL OF PRIVACY.

### UTILIZING SOCIAL MEDIA as a self-care tool



❤️ **ENVi** LIKED BY **BLACKGIRLSMILE** AND 99 OTHERS

**BLACKGIRLSMILE** SOCIAL MEDIA CAN BE USED AS A FORM OF SELF-CARE. WE HAVE THE OPPORTUNITY TO EDUCATE OURSELVES ON DIFFERENT TOPICS THAT CAN HELP US TO GROW AND FEEL BETTER EMOTIONALLY, MENTALLY, PHYSICALLY, AND SPIRITUALLY.



SCAN THE QR CODE TO LEARN MORE ABOUT BUILDING A COMMUNITY IN THE VIRTUAL WORLD

